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Black Subaltern: Chapter One

On March 2nd here in Toronto the mental health day was celebrated for the first time. I saw the hashtag #BlackMentalHealthDay on a digital photo with the following paragraph. "This is the day we refuse to be silent about the effects of racism on our mental health". Then I asked myself: What does it mean to refuse to be silent about the effects of racism on my mental health? I guess writing about racism is not being silent. I suppose that naming structural and institutionalized racism is the first step in not being silent.

But it is also naming the fear you feel and the anxiety of living in that silence. I think silence is the most brutal effect of racism on my mind, because sometimes it is very difficult to name it and yet you

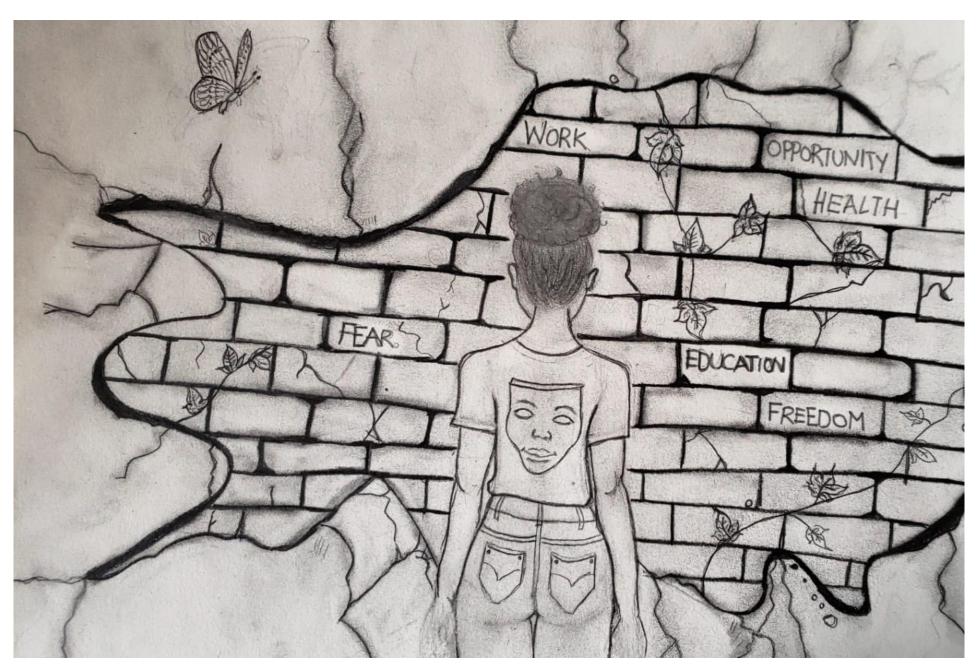
see the contradiction. It is like a kind of eternal damnation but you don't understand why. And then it is exhaustion because racism is a contradiction and yet it is real.

Brutally real.

During this Covid-19 pandemic, decreed (even the accounts seem superfluous) from March 15th until the publication of this writing, for thousands of workers like me, they are complex, confusing moments, but also of courage and love. I believe that the resistance of the 600-year-old African diaspora has always resolved and reflected on what it means to live daily within an oppressive system. I remember the Get Out movie, so I think Get Out of Silence is a good way to work on my mental health and fill that silence with a podcast of black psychologists talking about how to

heal our trauma. The news reports, the government speaks, the days continue, but the silence fills and builds new ways of existing. Now not from the silence but from the words as intentional vibrations of black voices like mine like yours. In the long run, resistance continues to make us subjects of action of our own reality, always reflecting.

E.G.



Becoming a Canadian Resident

My family and I came to Canada eight years ago, and our main goal was always to obtain residency, so we could have a better life. We dreamt of a life with more opportunities, new experiences, exposed to new realities and perspectives. Over the time, process after process, immigration lawyer after immigration lawyer, we stopped dreaming. We became part of the system and learned how to live day by day. We stopped making plans for the future, learned to not create high expectations so we wouldn't break our hearts. When people ask when we will go back to our country on vacation, we keep saying "soon soon" but that "soon" never comes. Those same people don't even realize how much we wished to have an answer to their question.

I would love to become a Canadian resident. I catch myself being so proud and accepting of a country that seems to not accept me, no matter how much I try. I would love to feel free, raise my expectations and make plans for future ahead of me. I would love to be able to make decisions such as buying a house or a car and not feel scared that I might have to leave the country in thirty days. I would love to find a job and know that my rights as a human being will be respected. I would love to become a Canadian citizen and be able to vote. I would love to be able to dream again.

Neither here nor there

Some may say I don't belong to either places
That my skin that the sun loves so much
Brown like the soil corn grows upon
Is too light for others
Too dark for some.

That the articulate way I speak

Must mean that I grew up in a white household

I didn't

I just know how to use a thesaurus whenever it's needed

Carving and

Verbalizing

Words in a language that is not my mother tongue

But neither is the other colonial speech I was forced to make my own,

Lingua franca which disconnected me even further from my mother's roots

And her mother's mother

And her mother's mother's mother

And so on.

"The people here tell me
"This is not your home! Go back where you came from!"

And the people back there say
"You're too foreign, you're not welcomed!"

But the funny thing is that the land says:

"My child,

your ancestors crossed rivers,

Lakes, Mountains,

Made their way through my valleys,

My forests,

And my deserts.

There are no borders within me.

I am infinite love and knowledge

I am your non-human relatives

I am you You are me."

And that's when I realized

Jokes on them

I am from here and there.

June/2020

弹力性

An Existential Vacation

As a young boy who arrived to Canada thinking it was a fiveday vacation, I was excited about Toronto, as I had never seen such a city. Grand skyscrapers, the countless and endless streets filled to the brim with shops and restaurants. Most amazingly, it had people; I had never seen so many people at once, nor had I ever seen the true contrast of the pallet of diversity people form. At the time, home was a small city where everyone spoke the same language, Spanish, and the biggest ethnic difference was skin tone. The difference between home and what was presented to me when I arrived was vast, yet it wasn't terrifying; it was a five-day vacation, and I was looking to play and mess with some gringos, to have something to tell my friends back home. I must have

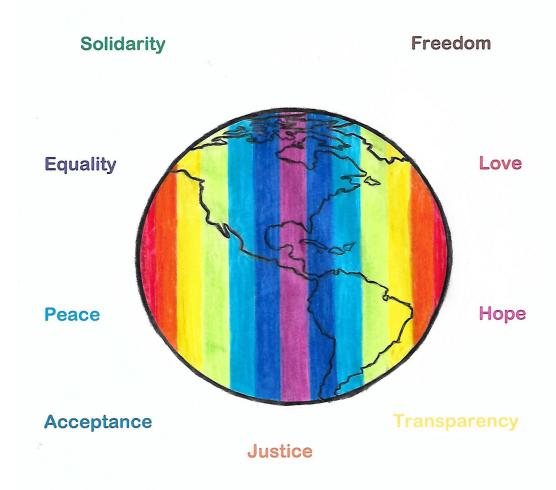
had a lot of fun, for I had not noticed that five days were long gone, and school had started. It wasn't that I wasn't sure what to think of it; it was that I didn't think of it. The fact that my stay in Canada was more than a vacation didn't settle until a year later, when I started grade 7. I had overheard enough conversations between my parents and lawyers to understand we were attempting to obtain Refugee Status. I wasn't sure what it meant, and it didn't seem to affect me. I still had to wake up every weekday to go to school. My lack of situational awareness continued until grade 11, in 2013. It wasn't the fact that we were undocumented that planted me in my current reality, my family was rejected refugee status in 2010, my first year of high school. It was the sudden pressure of being constantly reminded about university, as a senior high school student. It was

the fact that I knew that I couldn't attend university that separated me from what was my life. Every school day was closer to the day I graduated, my friends graduated, the day everyone was to move on. I couldn't move on. University quickly became a reminder I was different, I was to be left behind. And left behind I was; I stayed in high school one and a half years after I graduated, before I finally moved to under the table workforce.

It has been a long vacation, yet
I'm still fascinated with the people
of Canada to this day. I've been
lucky enough to share spaces of
productivity, school and work, with
both immigrants and natives. Yet
I've remain separated due to the
obscurity the Canadian Government
poses in its immigration; the
ambiguity of my future, my own

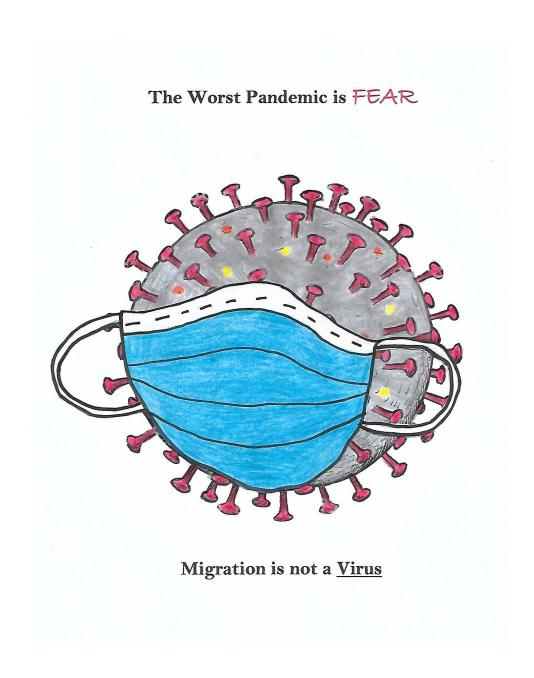
character and identity, is what separates me from the people I'm so captivated with. To objectively understand Immigration, observe my individualism as an immigrant, I would require omniscience, but clearly this isn't about me: The future of immigrants relies on our collective abilities and understanding.

A PERFECT WORLD



The anti-immigration belief that views migrants as invaders or a plague coming to eradicate their way of life are now replaced by a real threat that affects us all.

It challenges the concept of ignorant, racialized fear versus an actual fear for survival.

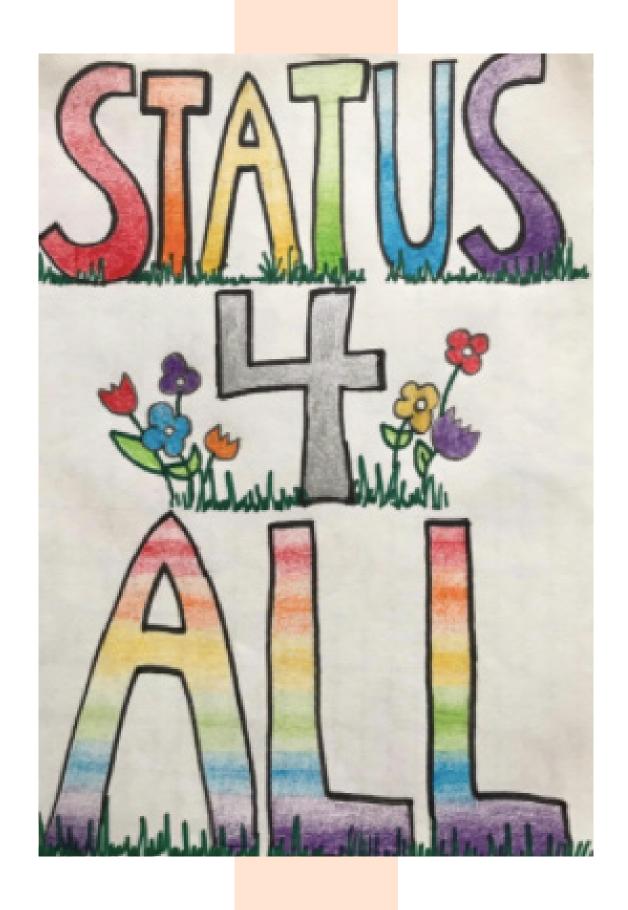


A narrative: The Roadblocks to a Life of Hope

I am from the lesser Antilles A vast Island Married between The Atlantic Ocean and Caribbean Sea An inhabitant of 103,643 I am from a home occupied by bountiful melanin Littered and spewed by meniscal entities Known as the grenadines I am from ripened breadfruit and seasoned fish I am from a land where the sun shines 365 days a year Where the sandy beaches whisper joyous tunes I am from poverty A multifaceted concept some may never grasp I am from a crisp cold Nipping at every bite of my skin *Vigorous footprints in the snow*

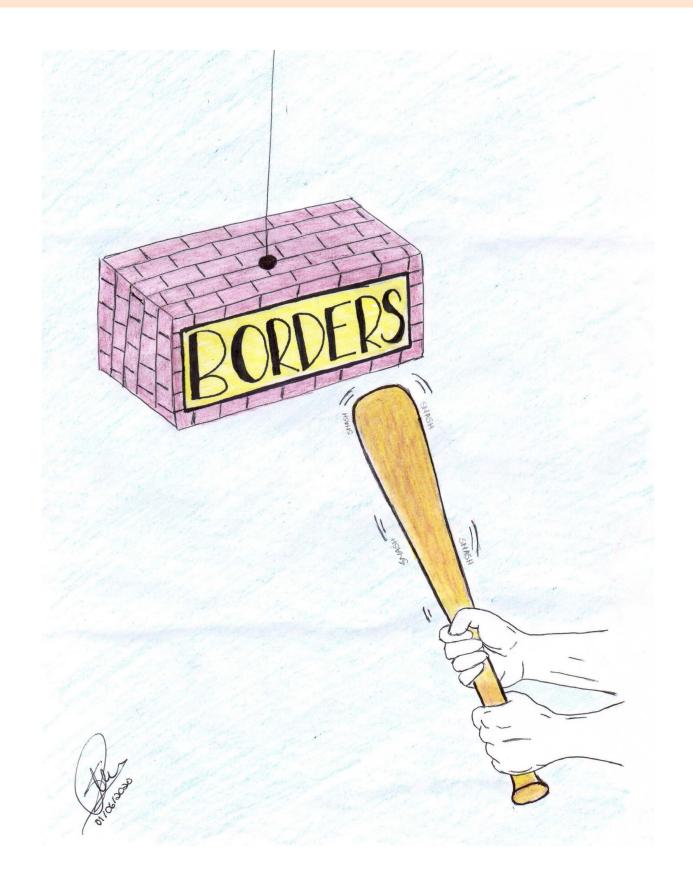
I am from hot chocolate under a warm silk blanket I am from Christmas music Ring ting tingly do I am from a broken home Torn and beaten down by inside forces I am from blurred lines and contradiction's Wrapped in uncertainty Yet sprinkled with the love only a mother can give I am from undocumentation The fear of shackled hands and painful shame I am from hope Hope for a new day

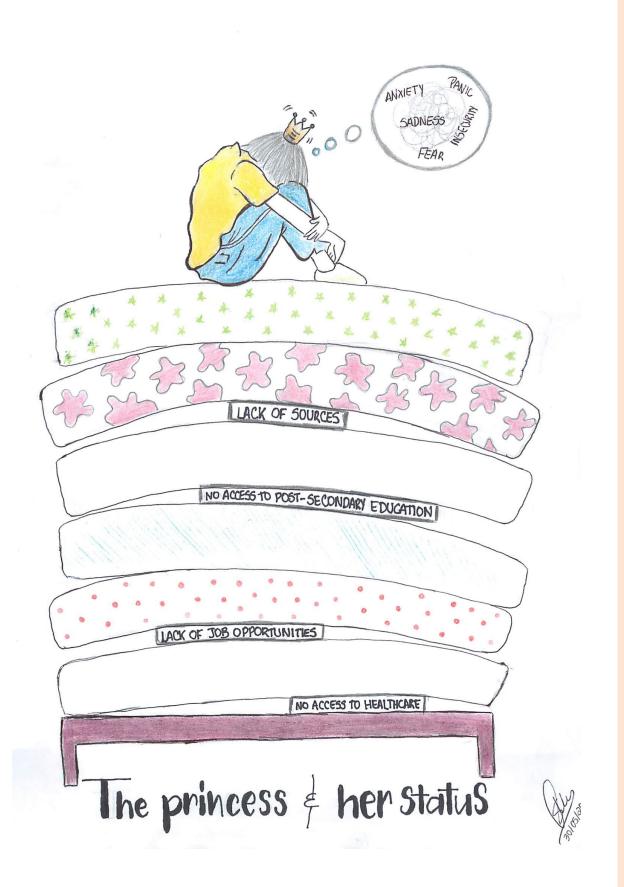
Amongst the southern end of the windward island lies the island I once called home. There, my hike up the mountain of life began but not where it developed its full potential. Jolted out of bed one early morning, sleep only a wishful thought, I was primed and packaged; Ready to be sent off to an unforeseen future. What was to come, I would never have guessed. The instant my feet left the Vincentian airstrip my home land was but a fleeting memory. I am no longer the wide-eyed girl sitting on her grandfather's lap, playing with her baby dolls but in place a hopeful patriot of this exhilarating country I've called home for 15 years. Through the years I have been faced with many trials and tribulations but I refuse to let them dictate my life. Instead I learn from such things and use them as tools to better strengthen my drive for success.



An Island Girl

Who am I? An island girl Where you smell the roasted breadfruit Hear the ocean kiss the soft white sandy beaches As you feel the beaming rays of the sun greet your skin with a hello There is where you will find little old me My little footprints left their imprints upon the sand The beautiful beaches of St. Vincent The place I called home Called...a past tense *Of where they stay* Now all a distant memory As I embark on a new journey in life Where I was greeted with snow, sleet, and brisk weather On a freezing winter day in April Here is where I now reside And where I begin my story Canada.





STATUS FOR ALL