















TLAZO HTILIZ TLI

LOVE IN INDIGENOUS LANGUAGES

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Youth are leading change in their communities. Les jeunes passent à l'action dans leur communauté.

Join the mouvement. Joignez-vous au mouvement

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Pressed-for at least a moment-to you.

Sat in my room, kneeling, bending to open

an old chest. Bones, and mothballs, and flowers;

dandelions in her favorite colour camellias we planted.

Your hands sliding down, kneading,

tender soil. Beneath the layers, a pile

of old paintings, like polaroid's but difficult

to read. Still you hold them to the light,

and reach, for my dirty hands.

Camellias, again, and again in your hands,

tucked behind your eyes, between your teeth.

Your name wrapping around every rock.

I buried deep, deep, the sun

and you

found it all. The sky

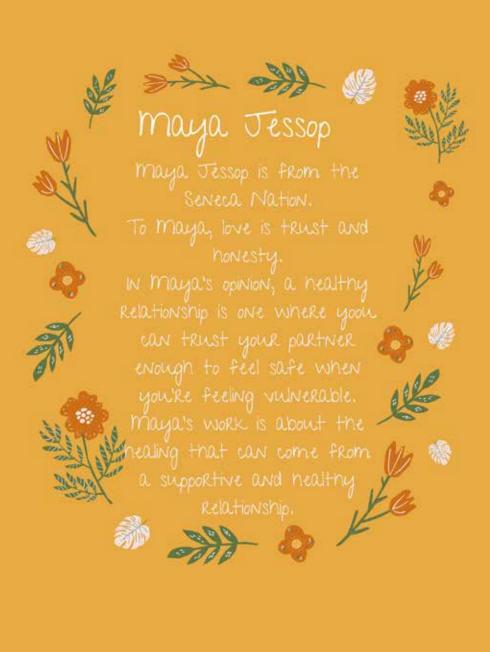
and clouds. A warm day seeping in

painting you against green and blue.

Hazy hues, buzzing in my chest,

they whispered and I smelled camellias again.

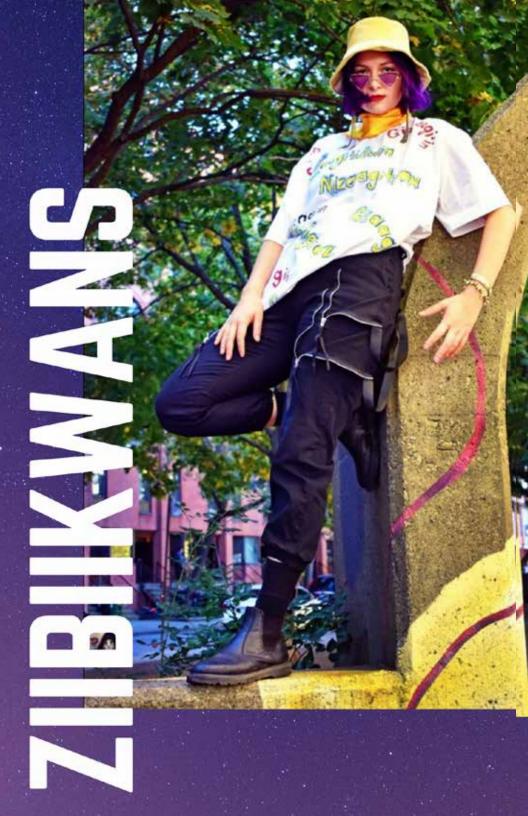




LOVE: A SEVEN GRANDFATHERS TEACHING

The eagle is said to represent love because it flies closest to the Creator giving far reaching sight to the seekers below. To receive an eagle feather is considered one of our highest honours. Love is expressed to the Creator through the love of oneself. There is a teaching that says: if you can't love yourself, then it's impossible to express love to anyone else.





ZIIBIIKWANS

Ziibiikwans is an interdisciplinary artist in illustration and fashion (and dabbles in acting & music). Her passion lies in expressing and exploring her identity as a young, urban, biracial, Indigenous woman. The kinds of work that Ziibiikwans creates are mainly digital and ink illustrations, fashion photography and fashion design.

Zilbiikwans currently resides in Tkaronto. She grew up in Wallaceburg. Ontario and spent most of her summers working and living on her reserve, Walpole Island First Nations.

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I LOVE YOU, LOST



l Love You, Lost Damien Paul Murtha Acrylic on Birch Tree Round - 12" x 11" 2020-2021



l Love You, Lost Damien Paul Murtha Acrylic on Birch Tree Round - 12" x 11" 2020-2021

DAMIEN PAUL MURTHA

DAMIEN IS A 25 YEAR OLD SOCIAL SERVICE WORKER STUDENT AT FLEMING COLLEGE. HE GREW UP ON A FARM **OUTSIDE OF BOBCAYGEON ON THE** PROPERTY THAT HAS BEEN IN HIS **FAMILY FOR OVER ONE HUNDRED** YEARS, HE HAS ANISHINAABE AND IRISH DECENT. HE ENJOYS LEARNING OF THE USES OF PLANTS, MAKING ART AND IS PASSIONATE ABOUT SOCIAL JUSTICE AND EQUITY. YOU CAN USUALLY FIND DAMIEN STROLLING OFF A PATH IN THE FOREST OR BINGE-WATCHING BUFFY THE VAMPIRE SLAYER WHILE EATING **DORITOS**

"I LOVE YOU, LOST" TOUCHES ON TOPICS OF SELF-LOVE, SELF-DISCOVERY, FINDING LOST CULTURE AND THE DISCIPLINE AND BUOYANCY OF LOVE. THE TIME ON THE CLOCK IS OF WHEN THE ARTIST WAS BORN BUT MIRRORED AS IF YOU'RE LOOKING AT YOURSELF. THE CLOCK IS ALSO GLOW-IN-THE-DARK, SO FOR WHEN ON A VOYAGE, YOU CAN FIND YOUR WAY, BEHIND IS A SURREAL SKY AND RED BALLOONS SYMBOLIZING THE VOYAGE OF SELF-DISCOVERY AND SELF-LOVE THROUGH FINDINGS ONES LOST CULTURE BECAUSE OF BEING MIXED RACE, A CRACK OR SCAR IS SHOWN BLEEDING GREEN OOZE LIKE THE HARDSHIPS WHEN ON SUCH A VOYAGE, SUCH AS RACISM, SKEPTICISM AND CREATING NEW BONDS. BUT LIKE A CRACK IN THE SKIN, IT HEALS STRONGER. THE ARTIST USED BIRCH BECAUSE IT IS A COMMON TREE IN CANADA IN WHICH HIS **ANCESTORS USED FOR MANY PURPOSES AND** LIKE A CLOCK THE RINGS OF THE TREE CAN SHOW MOMENTS THAT HAVE PASSED.

I Am From

I am from "kill them with kindness", "you got this" and "Kiyana when is your gig?" I am from homemade Indian tacos, and strawberry juice as red as our blood mixed with sugar and love.

I am from a family filled with love, laughter, dancing and singing celebrating our culture for the ones who couldn't in the past.

I am from Angela Johnston with dark hair as soft as rabbit fur, who gives me advice to me be me — a strong, kind, independent woman.

I am from sacred medicines: sage, with a smell almost like lavender,

Cedar, almost like the smell of nature,

Tobacco used for praying and healing,

Sweetgrass used for traditional teachings and smells like a little bit of smoke.

I am from pow wows
With the sound of the drum-like
the heartbeat of Mother Earth,
Dancers dancing in the pow
wow arena telling a story with
their moves
Spectators walking around the

pow wow watching the dancers
And buying beaded earrings
And enjoying traditional foods
Where we are all family no
matter if we are blood or not we

are

Brothers, sisters, aunties and uncles all dancing the sun

-Kiyana Johnston-Palmer



KIYANA JOHNSTON-PALMER

Kiyana is a 18-yearold Indigenous youth role model to our younger generation. She has pride about who she is and where she comes from. She hopes one day to give the children the teachings and stories her elders and family taught her.



Tonight

Lightning bug in winter, a flicker, a glance, at the night.

The parallel, horizontal, catch of your voice.

Shimmering, silver light, moon dust on your skin. In our silence,

from the shelves to my pillow, words dissolving lights out.

A book between us, written with half closed An ache you lifted. Pouring

the words outbath water on nipped skin. In the dark

I breathed only you.

Smelling of pines painted with snow. Aster fell landing on the tip of your nose, and I lost count

of the hours, the weeks, the years, of your eyelashes

I tried again, and again to count

eyes.

them against my cheek,

but every pass felt changed. Wandering packed paths, Shifting

in my shadow to be the apple tree. So that you

might climb, and see the light that burns within you.

Maya Jessop

(MI'KMAQ BANNOCK)

WHAT YOU NEED:

2 CUPS FLOUR

2 TBSP BAKING POWDER

2 TBSP SUGAR

1/2 TSP SALT

1 TBSP OIL

1 CUP WATER

WHAT TO DO:

PREHEAT OVEN TO 400F

GREASE BAKING DISH

MIX INGREDIENTS IN A BOWL

PLACE THE DOUGH IN THE BAKING DISH, FLATTEN TO ENSURE

IT IS EVENLY SPREAD

BAKE FOR 20-25MINS OR UNTIL GOLDEN BROWN

PLACE ON A PLATE AND BREAK WITH HANDS, USING A KNIFE

WILL MAKE IT GOOEY



(MEXICAN STYLE STEAK)

WHAT YOU NEED:
500G OF BEEF STEAK (CUT INTO STRIPS)
1/2 AN ONION (DICED)
500G OF TOMATOES (DICED)
2 TBSP OF OIL
3 JALAPEÑO PEPPERS (DICED)
SALT (TO TASTE)

WHAT TO DO:
DICE TOMATOES, ONION, AND PEPPERS. SET ASIDE
PLACE THE OIL IN A PAN IN MED-HIGH HEAT
ADD VEGGIES
STIR + ADD SALT
ADD STEAK

WAIT UNTIL MEAT IS FULLY COOKED AND MARINATED IN VEGGIES ENJOY! SERVE WITH CORN TORTILLAS FOR A QUICK AND EASY TACO

STIR VEGGIES + STEAK



A PLAYLIST FOR WHEN YOU'RE FEELING DOWN

SCAN THE CODE WITH YOUR SMARTPHONE TO ACCESS!